



Neuro Linguistic Programming

Workshop Title:

Neuro Linguistic Programming

Target Audience:

All functional head who are leading a team in the organization

Duration:

Two day (9.30 a.m. – 5.30 p.m.)

Methodology:

- Instructor led training
- Activities
- Role Plays

Registration Fees:

Rs. 20,000/- plus taxes

Workshop Objective:

The workshop's objective would be to focus on understanding how to use our potential in the best possible way to attain success in professional as well as personal life.

Contents:

Introduction, Workshop Contracting, Objectives & Expectation Mapping

- **Importance of understanding how mind works**
 - To establish the changeability of the human mind
- **Conscious v/s Subconscious mind**
 - To understand how to maximize the hidden potential of the mind
- **Motivation Strategies**
 - To create awareness about how decisions and life is driven by our Motivation Strategies
- **Map of Our Mind**
 - To understand individual map of mind and its impact on everyday action
- **Process of Map Creation**
 - To understand how we represent realities in our mind
- **Belief & Metaphors of Life and Resource Allocation in Life**
 - To understand the hidden forces of our life
- **Coding of Experiences**
 - To lay out the structure of our experience
- **Human Desires**
 - To lay bare the driving forces that rule our life
- **Programming for success**
 - To use the knowledge of mind manual for organizational and personal success
- **Personal Action Plan & Feedback**